

Most Moments Checklist

Make
the
Most

Consider the following questions when speaking with your healthcare professional to further understand and find resources to make the most of the moments that are important to you and your loved ones. For more information, go to the additional resources section of this site.

Treatment Journey

- What are the most important things to consider when selecting a treatment?
- Is there anything I can do to improve my treatment journey or level of care?
- How will I know if my treatments are working?

Adherence

(Staying on treatment as prescribed over time)

- Why is consistently taking my treatment as prescribed important (adherence)?
- How does taking my medication as prescribed over time (adherence) impact my disease progression, as well as overall experience living with mBC?

Quality of Life & Overall Survival

- What is quality of life? How does it impact my care?
- What is overall survival? What does it mean?
- What can I do to support and enhance my overall survival and quality of life?

Questions Unique to You

- What moments matter most to you?
- What are your priorities? What are your goals?
- What does quality of life mean to you?

Every individual's case is unique. Please consult your doctor for additional information on your diagnosis and treatment options available to you.

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